

# Surrey Heartlands Locally Commissioned Services 2024

SHLCS-A12-2024-SMI HC	SMI - Mental Health Enhanced Physical Health Checks & Suicide Prevention
KEY ELEMENTS	<ul style="list-style-type: none"> <li>➤ Incentive payment if the practice reaches/maintains achievement of the nationally set target of 60% for the 6 physical health checks for patients on the SMI QOF register:               <ul style="list-style-type: none"> <li>➤ MH003 – BP and pulse</li> <li>➤ MH006 – BMI</li> <li>➤ MH007 – Alcohol consumption assessment (min first 3 questions of AUDIT-C)</li> <li>➤ MH011 – Lipid inc Cholesterol &amp; QRISK2 (if on anti-psych/overweight/smoker/CV disease)</li> <li>➤ MH012 – Blood glucose/HbA1c</li> <li>➤ SMOK002 – Smoking status</li> </ul> </li> <li>➤ Further per patient payment is made for achieving the above <b>PLUS</b> x 3 additional checks:               <ul style="list-style-type: none"> <li>➤ Nutritional status, diet, and physical activity (template assessment)</li> <li>➤ Illicit substances/non-prescribed drugs in the last 12 months (template assessment)</li> <li>➤ National screening programmes (cervical/breast/bowel) – check/encourage attendance <b>AND</b></li> <li>➤ MH002 – Care Plan as per QOF, suggested template embedded in LCS</li> </ul> </li> </ul>
OF SPECIAL NOTE	<ul style="list-style-type: none"> <li>➤ All patients on the SMI QOF register are eligible (but not those in remission)</li> <li>➤ <b>No exception reporting is accepted for the 60% national target</b></li> <li>➤ MH 002 <b>is not</b> included for the national 60% target, but <b>is</b> for the LCS per patient payment</li> </ul>
RISKS	<ul style="list-style-type: none"> <li>➤ For an average 9,000 patient practice, the SMI register will be 65</li> <li>➤ 70% target therefore would be 46, to achieve a bonus of £675 (circa £14.67 per patient)</li> <li>➤ The practice must consider QOF income <i>in addition</i> to the target incentive, to understand overall income</li> </ul>
PRACTICE CONSIDERATIONS	<ul style="list-style-type: none"> <li>➤ Very important the practice can differentiate between QOF and this LCS</li> <li>➤ Using the right staff, on the right elements to deliver this LCS will be key to affordability</li> <li>➤ Must identify two members of staff (a named GP and Practice Nurse or HCA), to lead on Physical Health Checks</li> <li>➤ The named Leads must complete e-learning training within 2/12 of sign up (funded by ICB)</li> <li>➤ Must make good efforts to contact all eligible patients to offer the Physical Health Check</li> </ul>
PRICING:	<ul style="list-style-type: none"> <li>➤ Sliding scale bonus (<b>£75</b> per 1000 patients on the 24/25 practice list) if 70% of the people on the mental health register achieve QOF indicators:               <ul style="list-style-type: none"> <li>➤ MH003, MH006, MH007, MH011, MH012 and SMOK002</li> </ul> </li> <li>➤ <b>£53.45</b> per patient with 6 QOF checks, a care plan (MH002) &amp; additional 3 checks above</li> </ul>