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| **All practices Surrey and Sussex LMCs** | U:\Marketing and Communications\Marketing Literature\SSLMCs logo\lmcs NEW REV logo generic.jpg  The White House, 18 Church Road, Leatherhead, KT22 8BB  Tel: 01372 389270 |

14th October 2019

Dear Colleagues

**Debt and Mental Health Form (DMHEF)**

A new Debt and Mental Health Form (DMHEF) has been introduced from 1st October; this is to enable patients who need evidence of a mental health condition as part of seeking help with their finances.

Detailed guidance is available on the Money Advice Trust Website (<http://www.moneyadvicetrust.org> ), but, in summary if GPs are requested to complete the form they should:-

* Check you have a DMHEF form and an accompanying signed consent form giving the patients permission to complete it
* Completion of the form requires answering two questions:
  + Answering yes or no to whether a patient has a mental health condition, and, if yes
  + Giving the name of the condition
* There is no need to complete the optional questions on the reverse of the form, which do ask for more details about the impact of the health condition on a person’s ability to manage money and on their well-being
* GPs cannot charge their NHS registered patients for completing this form.

A wider range of health and social professions are also able to complete this form, so fewer requests should be made of GPs.

Much more rarely, a bank or other financial institution may request that a more detailed form or assessment is completed, for which a fee can be charged.

I hope this background is helpful.

With best wishes



Dr Julius Parker

**Chief Executive**