**APPENDIX 1**

**1.** Probiotics

**2.** Vitamins and minerals

**3.** Acute Sore Throat

**4.** Infrequent Cold Sores of the lip.

**5.** Conjunctivitis

**6.** Coughs and colds and nasal congestion

**7.** Cradle Cap (Seborrhoeic dermatitis – infants)

**8.** Haemorrhoids

**9.** Infant Colic

**10.** Mild Cystitis

**11.** Mild Irritant Dermatitis

**12.** Dandruff

**13.** Diarrhoea (Adults)

**14.** Dry Eyes/Sore (tired) Eyes

**15.** Earwax

**16.** Excessive sweating (Hyperhidrosis)

**17.** Head Lice

**18.** Indigestion and Heartburn

**19.** Infrequent Constipation

**20.** Infrequent Migraine

**21.** Insect bites and stings

**22.** Mild Acne

**23.** Mild Dry Skin

**24.** Sunburn

**25.** Sun Protection

**26.** Mild to Moderate Hay fever/Seasonal Rhinitis

**27.** Minor burns and scalds

**28.** Minor conditions associated with pain, discomfort and/fever. (e.g. aches and sprains, headache, period pain, back pain)

**29.** Mouth ulcers

**30.** Nappy Rash

**31.** Oral Thrush

**32.** Prevention of dental caries

**33.** Ringworm/Athletes foot

**34.** Teething/Mild toothache

**35.** Threadworms

**36.** Travel Sickness

**37.** Warts and Verrucae