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**Maternity Coaching Workshops for GPs**

**Tuesday 21st May 2019**

**NHSE, 18 – 20 Massetts Road, Horley, RH6 7DE**

SSLMCs and NHSE Kent Surrey & Sussex are delighted to offer this series of workshops to support your successful transition from maternity to the workplace over an 18 – 24 month period

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| **WORKSHOP 1**  *Tues 21st May 2019*  *09:15 – 17:00* | **For GPs preparing to go on maternity leave**   * Group coaching session * Solicitor discussing employment and contractual regulations * Maternity leave and pay information * Financial advisor discussing a variety of topics inc childcare vouchers * Flexible working options & appraisal * Case discussions * Network with last year’s Workshop 1 cohort |
| **WORKSHOP 2**  *Tues 21st May 2019*  *12:30 – 17:00*  *&*  *2020 – TBC* | **For those on maternity leave or have recently returned to work**   * Job planning and options * Regaining confidence * Support return to work * Managing workload balance and self-care   *Attendees of last year’s maternity workshop will be offered priority places* |

**Joint lunch with a lecture on postnatal education for both workshops**

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| **WORKSHOP 3**  *2021 - TBC* | **For those back to work for 6 – 18 months after maternity leave** |

This is a subsidised workshop & spaces are limited and cost £10. For further information contact Dr Karthiga Gengatharan, Medical Director , Surrey and Sussex LMCs: [karthiga.gengatharan@sslmcs.co.uk](mailto:karthiga.gengatharan@sslmcs.co.uk)

To book a place please click on [www.sslmcs.co.uk/events/8871](http://www.sslmcs.co.uk/events/8871)