

# RULES FOR USE OF THE WHATSAPP GROUP



To ensure that the WhatsApp group functions well for everyone, the LMC needs all members using it to follow some straightforward, but professional, rules. These will ensure everyone feels confident when using the group. The cost of not following these rules is that members mute, don't engage, or leave such groups rendering them less inclusive and relevant. Please work together and make the group successful for everyone.

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## RULES FOR MEMBERS

Membership is open to all GPs, including partners, sessional and locum colleagues, GP retainers, GP trainees and practice/business managers

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### STICK TO THE POINT, MUTUAL SUPPORT

This group is intended as a convenient way for the LMC to distribute information about the BMA and GPC England's **GP Action 2024** to colleagues quickly and efficiently and for colleagues to communicate easily with each other regarding this issue.



### LMC ADVICE

For colleagues who want to contact the LMC directly, please email the LMC Office or Directors individually. [The LMC website](#) gives details of the Directors and supporting colleagues, including their geographical responsibilities



### WHO NEEDS TO KNOW?

If your message is not relevant to the majority of members of the group, please message the person directly rather than the whole group.



### BE KIND, RESPECTFUL AND POLITE

Please do tell everyone what you think, but using language that is respectful and professional, towards both members of the group and those outside it. This group has a FTSUG (Freedom to Speak Up Guardian) Dr Emon Farrah Malik (Email: [emon.malik@nhs.net](mailto:emon.malik@nhs.net)); please contact her if you have concerns about the nature of any posts



### NO RANT ZONE

Whilst it may be cathartic, using the group for ranting, or merely venting frustrations is a surefire way of losing members and will not create the change you want.



### LEAKS AND BREAKING OF CONFIDENTIALITY

Everyone needs to feel safe within the group; think of it as an electronic "Chatham House". Leaking conversations also disengages colleagues and makes everyone wary of participating. Such behaviour undermines everyone



### ADVERTISING OF SERVICES/BUSINESSES

Please do not advertise your business on this group



### KEEP GEOGRAPHICAL

Please join the group linked to your LMC area; the same information will be disseminated to all groups

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**SSLMCs MAY REMOVE MEMBERS FOR BREACHING THE RULES OF THE GROUP.**

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